

# PMEX UPDATE

SELL	
	<b>CRUDE10-JU26</b>
95.04	0.24%
Expiry	27/May/26
Remaining	19 Days
<b>Entry</b>	93.5 - 93.35
<b>Stoploss</b>	94.99
<b>Take Profit</b>	92.15 - 91.22

BUY	
	<b>NGAS1K-JU26</b>
2.7760	0.25%
Expiry	26/May/26
Remaining	18 Days
<b>Entry</b>	2.808 - 2.815
<b>Stoploss</b>	2.77
<b>Take Profit</b>	2.852 - 2.866

BUY	
	<b>GO10Z-JU26</b>
4,714.70	0.08%
Expiry	27/May/26
Remaining	19 Days
<b>Entry</b>	4740 - 4745
<b>Stoploss</b>	4712.62
<b>Take Profit</b>	4760 - 4770

N/A	
	<b>SL10-MA26</b>
81.07	
Expiry	
Remaining	
<b>Entry</b>	---
<b>Stoploss</b>	#VALUE!
<b>Take Profit</b>	---

BUY	
	<b>PLATINUM5-JY26</b>
2,048.60	-0.66%
Expiry	26/Jun/26
Remaining	49 Days
<b>Entry</b>	2065 - 2068
<b>Stoploss</b>	2053.85
<b>Take Profit</b>	2077 - 2085

BUY	
	<b>COPPER-JY26</b>
6.2808	1.70%
Expiry	22/Jun/26
Remaining	45 Days
<b>Entry</b>	6.21 - 6.22
<b>Stoploss</b>	6.18
<b>Take Profit</b>	6.25 - 6.26

BUY	
	<b>ICOTTON-JY26</b>
83.14	0.17%
Expiry	22/Jun/26
Remaining	45 Days
<b>Entry</b>	83 - 83.2
<b>Stoploss</b>	82.67
<b>Take Profit</b>	83.61 - 84

BUY	
	<b>DJ-JU26</b>
49,866	0.33%
Expiry	17/Jun/26
Remaining	40 Days
<b>Entry</b>	49794 - 49828
<b>Stoploss</b>	49732.16
<b>Take Profit</b>	49920 - 49982

BUY	
	<b>SP500-JU26</b>
7,400	0.50%
Expiry	17/Jun/26
Remaining	40 Days
<b>Entry</b>	7375 - 7385
<b>Stoploss</b>	7355.21
<b>Take Profit</b>	7395 - 7410

BUY	
	<b>NSDQ100-JU26</b>
28,893	0.73%
Expiry	17/Jun/26
Remaining	40 Days
<b>Entry</b>	28801 - 28840
<b>Stoploss</b>	28745.34
<b>Take Profit</b>	28903 - 28954

SELL	
	<b>GOLDUSDJPY-JU26</b>
156.76	-0.08%
Expiry	27/May/26
Remaining	19 Days
<b>Entry</b>	156.51 - 156.41
<b>Stoploss</b>	156.76
<b>Take Profit</b>	156.26 - 156.05

BUY	
	<b>GOLDEURUSD-JU26</b>
1.1760	0.32%
Expiry	27/May/26
Remaining	19 Days
<b>Entry</b>	1.1743 - 1.1749
<b>Stoploss</b>	1.173
<b>Take Profit</b>	1.1761 - 1.1771

## Major Headlines

### Oil edges higher as U.S.-Iran tensions flare near Hormuz

Oil prices are up on Friday following an exchange of fire between U.S. and Iranian forces near the Strait of Hormuz, although President Donald Trump insisted a month-old ceasefire remained in effect, with Brent still holding above the \$100-per-barrel mark. As of 06:11 ET (11:11 GMT), Brent Oil Futures gained 0.7% to \$100.72 per barrel, while West Texas Intermediate (WTI) crude futures rose 0.4% to \$95.19 per barrel. Both contracts jumped as much as 3% in early Asian hours after the news of renewed U.S.-Iran fighting. [see more...](#)

### Gold set for weekly rise on US-Iran peace prospects; Hormuz tensions cap gains

Gold prices edged higher on Friday and on track for a weekly gain as investors balanced optimism over a possible U.S.-Iran peace agreement against lingering caution over the fragile ceasefire and ahead of key U.S. payrolls data later in the day. Spot gold rose 0.7% to \$4,721.00 per ounce by 06:27 ET (11:27 GMT), while U.S. Gold Futures gained 0.4% to \$4,730.79. Bullion has gained over 2% this week after rebounding from one-month lows hit earlier in May. [see more...](#)

### US stock futures rise as chips rebound ahead of jobs data

U.S. stock index futures rose on Friday as a recovery in chipmakers helped offset worries about renewed U.S.-Iran tensions, while investors looked ahead to a crucial employment report. By 06:04 a.m. ET, Dow E-minis rose 128 points, or 0.26%. S&P 500 E-minis rose 33.25 points, or 0.45%, and Nasdaq 100 E-minis added 180.5 points, or 0.63%, both trading near record highs. U.S. stocks had closed lower in the previous session as investors hit pause on semiconductor stocks that have rallied sharply this year. [see more...](#)

### USD/JPY recovery stalls below 157.00 as intervention risks linger

The US Dollar (USD) trades moderately lower against the Japanese Yen (JPY) on Friday, on track to close the week practically flat, as Japanese authorities' warnings about further interventions keep Yen sellers on their toes. The pair has stalled below 157.00 after bouncing from more than two-month lows on Wednesday, following another round of suspected action by Tokyo. Japanese top currency diplomat Atsushi Mimura said on Thursday. [see more...](#)

### EUR/USD Price Forecast: Holds above 1.1700; Iran tensions cap gains as US NFP looms

The EUR/USD pair trades with a mild positive bias around the 1.1730-1.1735 region during the Asian session on Friday and, for now, seems to have stalled the previous day's modest slide. The uptick, however, lacks bullish conviction as the uncertainty over a US-Iran peace deal acts as a tailwind for the US Dollar (USD) and caps spot prices as traders keenly await the closely-watched US employment details. The popularly known Nonfarm Payrolls (NFP) report might influence. [see more...](#)

### US April Nonfarm Payrolls set to rise by 62K after strong March surprise

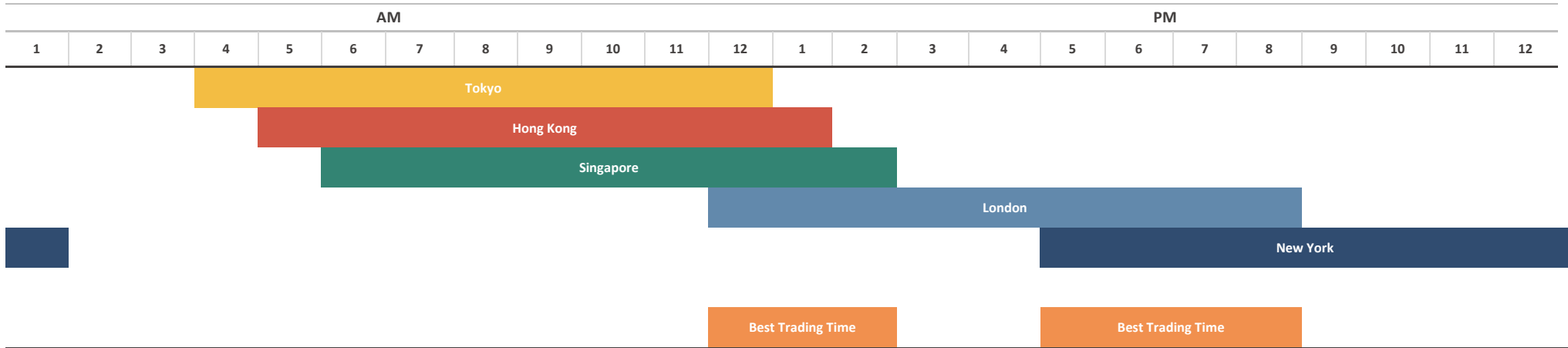
Investors expect NFP to rise by 62K following the surprisingly strong 178K increase recorded in March. The Unemployment Rate is expected to remain unchanged at 4.3%, while the annual wage inflation, as measured by the change in the Average Hourly Earnings, is projected to rise to 3.8% from 3.5%. Previewing the employment report, TD Securities analysts note that they expect to see signs of stabilization in the labor market after three volatile month. [see more...](#)

## Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
Average Hourly Earnings (MoM) (Apr)	8/5/2026	5:30 PM	USD	High volatility		0.30%	0.20%
Nonfarm Payrolls (Apr)	8/5/2026	5:30 PM	USD	High volatility		65K	178K
Unemployment Rate (Apr)	8/5/2026	5:30 PM	USD	High volatility		4.30%	4.30%

# FOREX MARKETS' STATISTICS

## Forex Market Hours

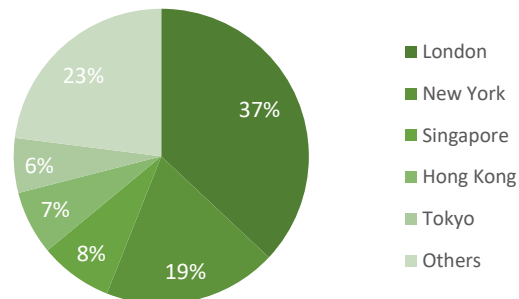


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

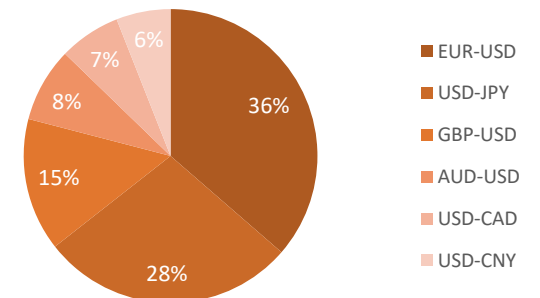
### Forex Turnover by Counterparty



### Markets' Share in Total Forex Turnover



### Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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## DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 280.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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### PREPARED BY

Muhammad Rashid Nawaz  
Phone: (+92) 42 38302028  
Ext: 118  
Email: [umairjaved@abbasiandcompany.com](mailto:umairjaved@abbasiandcompany.com)

### RESEARCH DEPARTMENT

6 - Shadman, Lahore  
Phone: (+92) 42 38302028; Ext: 116, 117  
Email: [research@abbasiandcompany.com](mailto:research@abbasiandcompany.com)  
web: [www.abbasiandcompany.com](http://www.abbasiandcompany.com)

### HEAD OFFICE

6 - Shadman, Lahore  
Phone: (+92) 42 38302028  
Email: [support@abbasiandcompany.com](mailto:support@abbasiandcompany.com)  
web: [www.abbasiandcompany.com](http://www.abbasiandcompany.com)